

# Spectrum's Secondary Summer Camps

*Learning Opportunities Disguised As Fun!*



Spectrum summer camps are innovative, creative, and fun opportunities for students who struggle with social dynamics to fully participate in summer recreational activities combined with social skills instruction.

Campers are matched with peers in their same age group who are working on similar social skill and performance needs. With a maximum of six students enrolled in each week of camp and a minimum of two adult leaders, students receive the support, instruction and attention needed for success.

## *Is this camp right for my child?*

Spectrum Middle School camps are designed for students entering grades 6-8 fall 2015 school session, who are able to attend to and follow directions in groups of six students with two instructors. Students who have designated 1:1 school support are not yet ready for camp and should consider our Recreation Therapy and weekly small group social skills instruction options. For more information, please email Jan Motriuk at [Motriuk@spectrumsocial.net](mailto:Motriuk@spectrumsocial.net).

For students in grades 1-5 – check out our elementary camps!

## *How do I sign up?*

Complete a summer camp application and return to our office as soon as possible. Groups are finalized as soon as we have the perfect peer match among applicants for each week. You can download an application from the forms page of our website [www.spectrumsocial.net](http://www.spectrumsocial.net) or email [shanna@spectrumsocial.net](mailto:shanna@spectrumsocial.net).

## *What kind of activities are there?*

Each week of camp is different and activities are selected based on the interests of the campers for each week. No two weeks of camp are exactly the same, however every camp consists of about 30-45 minutes of social skills instruction and then a recreational activity designed to encourage practice and performance of skills. Some activities from previous camps include:

\* Kayaking      \* Geocaching      \* Swimming      \* Bowling      \* Putt-putt golf      \* Disc golf

\* Scavenger hunts      \* Fishing      \* Cardboard boat regatta      \* Stand up paddle boarding

## **Camp Descriptions**

Camp weeks are Monday through Friday from

9am – 12pm. Cost is \$325 per week for all camps

*\*\* Use grade student will enter for 2014-2015 school year*

### ***Emotional Regulation – July 13-17; 6<sup>th</sup> – 8<sup>th</sup> grade***

Does your child have difficulty regulating his/her emotions? This camp will use the Zones of Regulation and Social Thinking curricula to focus on social, emotional and self-regulation challenges. We'll incorporate fun learning activities and outings to help campers build a deeper understanding of emotions in self and others. We'll also focus on how to manage their emotions, helping them to cope and feel more successful and confident in everyday life.

### ***Minecraft Camp – July 20-24; 6<sup>th</sup> – 8<sup>th</sup> grade***

Campers will explore the many parallels between the popular game Minecraft and real life. These include awareness of others, team work, emotional regulation, perseverance, and organization. *(We will not be playing the actual computer game during camp hours.)*

### ***Transition to Middle School – July 27-31; 5<sup>th</sup> going to 6<sup>th</sup>***

*This camp is focused on understanding and overcoming the challenges faced by campers who are currently 5<sup>th</sup> grade and transitioning to Middle School in fall 2015.*

### ***Where's My Stuff – August 3-7; 6<sup>th</sup> – 8<sup>th</sup> grade***

Does your camper constantly wonder "Where's My Stuff"? This is the camp you have been looking for! Through games and activities, campers will explore strategies designed to improve working memory, impulse control, emotional regulation, organization skills and other executive functioning skills.



**SPECTRUM Services**

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